



AMRITSAR GROUP OF COLLEGES

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(Formerly Known as Amritsar College of Engineering & Technology | Amritsar Pharmacy College)

Department of Applied Sciences

A

Report

on

3 Weeks

Student Induction Programme

(1st to 22nd August 2024)

for

B.Tech. First Year Students

by

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(Associate Professor & Head)



INTRODUCTION

The transition from school to college is a crucial and often challenging period for new students. Many students struggle to adapt to the new environment, which can be difficult to deal with. Recognizing the significance of this issue, the AICTE has implemented important measures to support students during this critical phase and 3 Week Student Induction Programme is one of them. It became clear that university and college officials must take proactive steps in nurturing



students' growth from their very first day in the campus. New entrants often come from diverse backgrounds, bringing with them fears, anxiety, and a lack of confidence. This critical period calls for the officials to create a supportive environment where students can explore the college and form healthy relationships with all the stakeholders.

In response to this need, the Ministry of Education initiated a three-week Student Induction Programme in 2017. The programme was initially launched in 100 engineering colleges across India, and AGC was proud to be selected as one of the pioneers in this initiative. Since then, we have consistently and successfully conducted the Student Induction Programme, yielding positive outcomes for our students. This year, the new students actively participated in this programme, which was held from August 1 to August 21, 2024.

OBJECTIVE

The Student Induction Programme (SIP) has been meticulously designed by National Coordination Committee-Induction Program (NCC-IP), with the primary goal of ensuring a smooth and convenient transition for new students as they enter college life. It assists new students in making a seamless transition from their home and school life to the college and

university environment. At AGC, Amritsar, we conduct this program with great enthusiasm, aiming to make the freshers feel at ease. Our goal is to help them acclimate to the institute's values, policies, rules, culture, and to build connections with fellow students, teachers, and authorities through a carefully structured three-week Student Induction Programme held prior to the commencement of regular classes. The Department of Applied Sciences started planning this programme in the month of July this year. Accordingly, we executed all the activities which come under the 9 modules which have been prepared by NCC-IP. In view of these, our SIP aimed;



1. Tour of the campus
2. Foundation in Human Values
3. Promotion of Physical Well-being
4. Exploration of Local Environment
5. Insights from Industry Experts
6. Enhancement of Language Skills
7. Engagement in Literary Pursuits
8. Fostering Creative Expression
9. Encouragement of Extra-Curricular Participation

INAUGURATION OF SIP

The Honourable dignitaries, Chairman Adv. Sh. Amit Sharma Ji, Revered Director Finance, Madam Ragini Sharma Ji, Worthy Managing Director, Dr. Rajneesh Arora Ji, Worthy Principal, Dr. Gaurav Tejpal Ji, and Worthy Principal, ALC, Dr. Avon Kumar Vaid Ji, inaugurated the three-week induction program



for the first-year students. The event marked the beginning of a transformative journey for the new entrants, focusing on their holistic development. The dignitaries emphasized the importance of discipline, dedication, and a growth mindset in academic and personal pursuits. They encouraged the students to make the most of the opportunities provided, developing a spirit of collaboration and innovation. The induction programme aims to acclimatize students to the academic environment while instilling the values of integrity, hard work, and social responsibility.

TOUR OF THE CAMPUS



On the first day after the grand inauguration of SIP, students were welcomed in the seminar hall and introduced to the faculty members of the Department of Applied Sciences. They were acquainted with the academic and non-academic activities of the department. The new students were then taken on a tour of the entire college in small groups of 25 each. This allowed them to become familiar with the institution before regular classes commenced. We successfully conducted this module with the following objectives:

- 1.To ensure students understand the vision and mission of the college, department, and their specific branch.
- 2.To gain insight into students' perspectives and areas of interest.
- 3.To ensure students are aware of the various rules and regulations, as well as the four-year journey ahead during their time at the institution.

UNIVERSAL HUMAN VALUES

The progress of a nation hinges on the sense of responsibility among its citizens. Such responsibility is rooted in strong human values, which can only be nurtured through education. To instil these values, we organized several sessions on Universal Human Values for our students. These sessions had a profound impact, empowering students to handle peer pressure, discover their true potential, make informed decisions, build meaningful relationships, and embrace the joy of learning. Our objective in conducting these sessions is to:

1. Cultivate responsible citizens enriched with human values.
2. Develop a holistic understanding of life among students.
3. Encourage maturity and composure in all situations.
4. Enhance students' interpersonal and social skills.
5. Boost students' confidence and self-assurance.



PROMOTION OF PHYSICAL WELL-BEING



During the three-week induction programme, we placed strong emphasis on promoting healthy habits among the students. Understanding the importance of a healthy lifestyle begins with cultivating a balanced

routine. We engaged students in a variety of activities, including exercise, sports, yoga, meditation, and expert lectures. The goal was to instil a sense of well-being and encourage a healthier way of living. Our objectives in fostering this awareness of health are to:

1. Encourage daily practices of yoga or meditation to enhance concentration.
2. Spark interest in outdoor sports as a way to release negative energy.
3. Teach students how to harmonize with diverse groups and environments.

4. Develop an understanding of healthy eating habits.
5. Help reduce symptoms of anxiety and depression.

EXPLORATION OF LOCAL ENVIRONMENT

Integrating new students into the college community is crucial for enhancing their interpersonal skills. A strong connection with the college environment and the surrounding areas is essential for this process. With this in mind, we organized visits to nearby locations. The primary objectives of these visits are to:

1. Develop a sense of belonging within the city.
2. Help students become familiar with their surroundings.
3. Strengthen interpersonal skills through social engagement.



EXPERT TALKS



As part of the induction programme, we organized several guest lectures that provided students with valuable insights and inspiration. Hearing firsthand experiences and stories from experts will undoubtedly influence their perspectives on future opportunities. The objectives of these sessions are to:

1. Broaden students' thinking with diverse ideas and experiences.
2. Encourage the practical application of learned concepts in their personal lives.
3. Increase awareness of the true value of life.

4. Explore different viewpoints from the speakers and apply relevant insights in their respective fields.

LANGUAGE PROFICIENCY

During the induction programme, we placed a strong emphasis on language proficiency, recognizing that our students come from diverse backgrounds across India. Since English is the



medium of instruction at the college, we focused on building their communication skills, starting with basic English. The programme included faculty-led lectures, a

dedicated book for students to complete and small group discussions. The primary objectives of this module are to:

1. Equip students with a solid foundation in English, enabling them to read, write, and speak effectively.
2. Prepare students for group discussions and interviews, particularly for campus placements.

LITERATURE/LITERARY ACTIVITIES

As part of this module, we conducted several activities such as visit to Books Exhibition, book reading sessions and a special visit to the central library to explore recommended books.



Students were also introduced to the AGC Book Club, which operates under the aegis of the Central Library and some have already joined. The objectives of these activities are to:

1. Make students aware of various literary works worth reading.
2. Develop a habit of regular reading.
3. Help students understand both traditional and contemporary values.

CREATIVE PRACTICES



In this module, we organized activities such as mehndi on TEEJ Festival, creative writing, painting and non-flame cooking. The event was particularly successful, especially the no-flame cooking segment. Students learned many new skills and had a great experience. The objectives of this

module are to:

1. Develop a sense of creativity among students.
2. Promote an understanding of humanistic culture and encourage creative, joyful expression.
3. Help students develop new skills.
4. Create a relaxed environment to enhance interaction.

EXTRA-CURRICULAR ACTIVITIES



Research shows that participating in various extracurricular activities enhances brain function, improves concentration and develops time management skills. With this in

mind, we organized a variety of cultural and sports events. The objectives of these events are to:

1. Boost students' concentration and cognitive abilities.
2. Develop a strong sense of team spirit.



3. Teach effective time management.
4. Equip students to handle pressure.
5. Develop analytical thinking.

FEEDBACK FROM STUDENTS

The Induction Program organized by Department of Applied Sciences was excellently executed over three weeks, providing an enthusiastic start to our college journey. It successfully bridged the gap between our school experience and the demands of regular college life. The resources provided were invaluable and will serve as great references in the future. Thank you for your efforts in making the induction program smooth and effective.

.... Gurleen Kaur (B.Tech. CoE/1st Sem.)



This three-week induction program was well-structured and easy to follow. It allowed us to explore the college campus, meet the deans, faculty members and other key personalities of the institution. Additionally, we engaged in spiritual exploration and learned valuable self-management skills, which were immensely helpful as we embark on this new chapter of our lives.

.... Eshita (B.Tech. CSE/1st Sem.)

The Induction Program was highly beneficial for freshers, giving them the opportunity to interact with their classmates and teachers as they settled into college life. Activities like the literary events and non-flammable cooking were particularly engaging and enjoyable. My interactions with the HOD Madam and other teachers were also incredibly informative and enriching.

.... Gurmehakdeep Singh (B.Tech. CSE/1st Sem.)



The three-week Student Induction Program organized by our senior AGCians and teachers was quite helpful to start our college journey. It taught us to embrace college life with open minds and positive mindsets. Variety of activities helped us to explore our hidden talents. I am grateful to all the college officials for providing us such an amazing environment through this induction programme to help us for our safe landing at a new place.

...Gursharan Singh (B.Tech. ME/1st Sem.)

The college induction program at AGC Amritsar was an exceptional experience that exceeded all my expectations. The sessions were highly informative, providing valuable insights into academic life, campus resources, and opportunities for personal growth. Connecting with fellow students and staff was both enjoyable and inspiring. Overall, it was a brilliant start to the college experience.

.... Pranay Mahajan (B.Tech. CoE/1st Sem.)



GLIMPSES OF OTHER MOMENTS







MEDIA COVERAGE

ਅੰਮ੍ਰਿਤਸਰ ਗਰੁੱਪ ਆਫ ਕਾਲਜਿਜ਼ ਵਿੱਚ ਬੀ.ਟੈਕ. ਪਹਿਲੇ ਸਾਲ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ 1 ਅਗਸਤ ਤੋਂ 22 ਅਗਸਤ, 2024 ਤੱਕ ਤਿੰਨ ਹਫ਼ਤਿਆਂ ਦਾ ਵਿਦਿਆਰਥੀ ਇੰਡਕਸ਼ਨ ਪ੍ਰੋਗਰਾਮ

ਸਾਂਝੀ ਖਬਰ
 ਜੰਡਿਆਲਾ ਗੁਰੂ ਅਰਜਨੀ ਸਰਮਾ 1173 ਵਿੱਚ ਅਪਰਾਈਡ ਸਾਇੰਸ ਵਿਭਾਗ ਨੇ 22 ਅਗਸਤ, 2024 ਨੂੰ ਸ਼ੁਰੂਆਤ 2024 ਲਈ ਤਿੰਨ ਹਫ਼ਤਿਆਂ ਦੇ ਵਿਦਿਆਰਥੀ ਇੰਡਕਸ਼ਨ ਪ੍ਰੋਗਰਾਮ ਨੂੰ ਸਫਲਤਾਪੂਰਵਕ ਪੂਰਾ ਕਰ ਲਿਆ ਹੈ। ਇਸ ਦੀ ਸ਼ੁਰੂਆਤ 1 ਅਗਸਤ, 2024 ਨੂੰ ਕੀਤੀ ਗਈ ਸੀ, ਜਿਸ ਵਿੱਚ ਏਸੀਸੀ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਰਜਨੀਸ਼ ਅੰਬਾ ਅਤੇ ਏਸੀਸੀ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਗੋਵਿੰਦ ਕੁਮਾਰ, ਬੀ.ਟੈਕ. ਅੰਮ੍ਰਿਤਸਰ ਗਰੁੱਪ ਆਫ ਕਾਲਜਿਜ਼ ਦੇ ਪਹਿਲੇ ਸਾਲ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਅੰਮ੍ਰਿਤਸਰ ਗਰੁੱਪ ਆਫ ਕਾਲਜਿਜ਼ ਦੇ ਵੱਖ-ਵੱਖ ਪਹਿਲੂਆਂ ਜਿਵੇਂ ਕਿ ਅਕਾਦਮਿਕ, ਪਲੇਸਮੈਂਟ ਅਤੇ ਲੁਚਿ ਵਿਕਾਸ ਬਾਰੇ ਜਾਣੂ ਕਰਵਾਇਆ। ਇਹ ਪ੍ਰੋਗਰਾਮ ਤਿੰਨ ਹਫ਼ਤਿਆਂ ਤੱਕ ਚੱਲਿਆ ਅਤੇ ਇਸ ਵਿੱਚ ਬਰੈਂਚ ਟੂਰਨਾਮੈਂਟ, ਮਹਿੰਦੀ ਮੁਕਾਬਲਾ, ਸੁਤੰਤਰਤਾ ਦਿਵਸ ਦੀ ਥੀਮ ਆਧਾਰਿਤ ਪੋਸਟਰ ਮੁੱਲਿਕਾ, ਜਲਨਾਮਾ ਕੁਸ਼ਾਣਾਂ ਦੀ ਟਰੇਨਿੰਗ ਕਰਕੇ ਹੋਏ



ਵੱਖ ਖੇਤਰਾਂ ਦੇ ਮਹਿੰਦੀ ਸੈਸ਼ਨ, ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਆਪਸੀ ਤਾਲਮੇਲ, ਯੂਨੀਵਰਸਲ ਮਾਨਵਤਾਵਾਦੀ ਵਰਗੀਆਂ ਕਈ ਗਤੀਵਿਧੀਆਂ ਆਮ ਸਨ। ਕਰਲਾਂ-ਗੀਤਾਂ ਦੇ ਸੈਸ਼ਨ ਅਤੇ ਸਮਾਜਿਕ ਜਾਗਰੂਕਤਾ ਦੇ ਉਦੇਸ਼ ਲਈ ਮਾਹਿੰਦੀ ਮੁਕਾਬਲਾ ਅੰਮ੍ਰਿਤਸਰ ਅਤੇ ਪਿੰਗਲਵਾਲਾ ਤਿੰਨ ਹਫ਼ਤੇ ਮੈਂ 2024-25 ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਦੁਆਰਾ

ਏਜੀਸੀ ਮੈਂ ਤਿੰਨ ਸਪਤਾਹ ਕਾ ਛਾਤਰ ਪ੍ਰੇਰਣਾ ਕਾਰਯਕ੍ਰਮ ਸੰਪੰਨ



ਅਮ੍ਰਿਤਸਰ, ਪਬਲਿਕ ਦਿਲਾਸਾ (ਬ੍ਰੂਰੋ): ਏਜੀਸੀ ਮੈਂ ਅਪ੍ਰਾਈਡ ਸਾਇੰਸ ਵਿਭਾਗ ਕਾ ਤਿੰਨ ਸਪਤਾਹ ਕਾ ਛਾਤਰ ਪ੍ਰੇਰਣਾ ਕਾਰਯਕ੍ਰਮ ਸੰਪੰਨ ਹੋ ਗਯਾ। ਇਸ ਕਾਰਯਕ੍ਰਮ ਮੈਂ ਏਜੀਸੀ ਕੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਰਜਨੀਸ਼ ਅੰਬਾ ਅਤੇ ਪ੍ਰਿ. ਡਾ. ਗੋਵਿੰਦ ਕੁਮਾਰ ਨੇ ਬੀ.ਟੈਕ. ਕੇ ਪ੍ਰਥਮ ਵਰਧ ਕੇ ਛਾਤਰਾਂ ਕੋ ਅਮ੍ਰਿਤਸਰ ਗੁਪ ਆੱਫ ਕਾਲੇਜਿਜ਼ ਕੇ ਵਿਭਿੰਨ ਪਹਲੂਆਂ ਜੈਸੇ ਅਕਾਦਮਿਕ, ਪਲੇਸਮੈਂਟ ਆਰ ਸਮਯ ਵਿਕਾਸ ਸੇ ਪਰਿਚਿਤ ਕਰਾਯਾ। ਇਸ ਕਾਰਯਕ੍ਰਮ ਮੈਂ ਸ਼ਾਤਰਜ ਟੂਰਨਾਮੈਂਟ, ਮੇਹੰਦੀ ਪ੍ਰਤਿਯੋਗਿਤਾ, ਪੋਸਟਰ ਬਨਾਨਾ, ਰਚਨਾਮਕ ਕਲਾਆਂ ਕਾ ਉਪਯੋਗ ਕਰਕੇ ਏਟੀ-ਰੈਗਿੰਗ ਅਭਿਆਨ, ਗੈਰ-ਜਵਲਨਸ਼ੀਲ ਖਾਨਾ ਬਨਾਨਾ, ਵਿਭਿੰਨ ਖੇਤਰਾਂ ਕੇ ਵਿਸ਼ੇਸ਼ਤ ਸਤਰ, ਪੂਰਵ ਛਾਤਰਾਂ ਕੋ ਬਾਤਚੀਤ, ਸਾਵੱਥੀਮਿਕ ਮਾਨਵੀਯ ਮੂਲਯੋਂ ਕੇ ਸਤਰ ਆਰ ਸਾਮਾਜਿਕ ਜਾਗੁਰਿ ਕੇ ਉਦੇਸ਼ਯ ਸੇ ਅੰਧਵਿਦਿਆਲਯ ਆਰ ਪਿੰਗਲਵਾਲਾ ਕਾ ਟੋਰਾ ਜੈਸੀ ਵਿਭਿੰਨ ਗਤਿਵਿਧਿਯਾਂ ਸ਼ਾਮਿਲ ਥੀਂ। ਇਸ ਟੋਰਾਨ ਟੈਲੇਂਟ ਫ਼ਟ, ਭਾਂਗੜਾ ਆਰ ਗਿਫ਼ਾ ਜੈਸੇ ਕਾਰਯਕ੍ਰਮ ਥੀ ਆਯੋਜਿਤ ਕ੍ਰਿਏ ਗਏ ਥੇ।

CONCLUSION

The “Students’ Induction Programme” successfully concluded on 22nd August 2024. Understanding the psychology of new students, we ensured a smooth transition to help them settle into their new environment. The Department of Applied Sciences provided wholehearted support, facilitating a comprehensive introduction for the students. This program not only benefited the students but also allowed us to appreciate the diverse talents and interests they bring. I am confident that the induction program has provided a strong foundation for their academic journey and overall growth during their time at the college.